

**Size is determined by width across pouch.**

**S** is 3.5 - 4.0 in. (up to 32 in.waist)  
8.9 - 10.1 cm (up to 81.3 in.waist)

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**M** is 4.0 - 4.5 in. (up to 36 in.waist)  
10.1 - 11.4 cm (up to 91.4 in.waist)

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**L** is 4.5 - 5.0 in. (up to 40 in.waist)  
11.4 - 12.7 cm (up to 101.6 in.waist)

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**XL** is 5.0 - 6.0 in. (up to 46 in.waist)  
12.7 - 15.2 cm (up to 116.8 in.waist)

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**2XL** is 6.0 - 7.0 in. (up to 52 in.waist)  
15.2 - 17.8 cm (up to 132.1 in.waist)